



SOUTHERN CALIFORNIA LIFE

DATE: 8-6-08 TUESDAY SCL

TIME: 5:30 – 6:00 P.M. MONDAY THROUGH FRIDAY

TIME: 6:00 – 6:30 A.M. SATURDAY AND SUNDAY

TOPICS COVERED BUT NOT LIMITED TO:

PERTENANT ISSUES AND PROGRAMMING:

OVERVIEW:

A NEW PERSPECTIVE ON THE LOCAL NEWS...

So, do you know what men really want? According to askmen.com, they want to find someone that is 'wife' material. The Internet's top men's lifestyle site, today unveiled the results from the AskMen.com Great Male Survey. More than 70,000 AskMen.com readers took the survey, which was broken down into five sections: Lifestyle, Dating, Sexuality, Power & Money and Men in 2008.

The city of Redlands revels in history...whether its remembering those who founded the city more than 100 years or a man who helped shape our nation. Lets look at how Redlands has honored Abraham Lincoln.

There is no doubt that Abraham Lincoln is one of the most admired presidents in American history. In Washington there's a massive monument memorializing his leadership during one of our nations darkest periods. As honored as Lincoln is...there is only one monument honoring his accomplishments west of the Mississippi River...and that memorial can be found right here in southern

SOUTHERN CALIFORNIA LIFE

California in Redlands in Southeastern San Bernardino County... where the solemn limestone Lincoln Memorial Shrine has stood for 75 years.

The Lincoln Memorial shrine was the brainchild of one of Redlands founding father Robert Watchorn who presented the shrine to the city of Redlands in 1932 not only as a tribute to Lincoln but as a tribute to his son who died from injuries suffered in World War one.

The Lincoln Shrine also features an original painting by Norman Rockwell called Thought of Peace on Lincolns Birthday which was donated to the shrine in 1945 just months after it appeared in the Saturday Evening Post. The Lincoln Memorial Shrine in Redlands is surrounded by beautiful fountains and a park and is open to the public Tuesday through Sunday afternoons. Admission is free.

We've watched the trend building for some time now. Fifteen years ago, the only alternative to looking older was a facelift. But now the tide is turning. Plastic surgery and the airbrushed look that says face job now is very five minutes ago. After all, bad skin that is pulled back is still bad skin.

Doctor Foxx says that the aging process is better understood now than ever before. We need to be clear on what happens when we age. The epidermis becomes thin and almost transparent. The collagen matrix is broken down by environmental damage. And then there is a loss of volume as the subcutaneous fat and connective tissue are no longer held in place.

Doctor Foxx says these factors combine to create wrinkles and that jowl-y look. It's something like a cosmetic buffet with each treatment yielding a different effect. We encourage our patients to focus on three or four of the things that will have the most effect. We don't strive for unnatural perfection but we seek a more natural look.

One of the most popular cosmetic treatments is BOTOX® with almost three million patients seeking treatment last year with this product. BOTOX® is the single most popular medical esthetic treatment in the world today.

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Dermal fillers such as Restylane® and RADIESSE™ are a close second and are very effective in erasing frown lines and building lost lip volume. And now we have TITAN™, the most effective skin-tightening system in the world. Used in the right mix, these treatments can really yield meaningful results.

A group of five mothers have completed a U.S. cross-country road trip in which they blogged about their experiences. Driving a hybrid Tahoe, the moms chronicled their experiences which included stops in Chicago; Omaha, NE; Denver; Salt Lake City and Reno, NV. While the moms were sans children, they did have online access since the van was equipped with wireless Internet, cameras and recording equipment.

For the past seventy-five years Jewish Vocational Service has provided job training services to people facing barriers to employment including immigrants, troubled youth and seniors. Last year alone, more than 24-thousand people in the Los Angeles area expanded their professional skills through one-on-one counseling, job training and resume workshops at J-V-S.

Using electricity to power vehicles, once a distant dream, is now fast becoming a reality. These revolutionary vehicles are gaining popularity because they can reduce dependence on petroleum and lower greenhouse gas emissions, while also dramatically lowering the cost per mile to the driver. General Motors, the world's largest automaker, announced that it will collaborate with the nonprofit Electric Power Research Institute to accelerate the introduction of plug-in electric vehicles.

WEATHER
CALENDAR





SOUTHERN CALIFORNIA LIFE

DATE: 8-14-2008

TIME: 5:30 – 6:00 P.M. MONDAY THROUGH FRIDAY
TIME: 6:00 – 6:30 A.M. SATURDAY AND SUNDAY

TOPICS COVERED BUT NOT LIMITED TO:

PERTENANT ISSUES AND PROGRAMMING:

Travelling through Redlands can be like a blast from the past with vintage homes watching over peaceful lined with Palm Trees. In the shadows of Mt. San Gorgonio in southeastern San Bernardino county, Redlands covers 37 square miles and is home to more than 70,000 residents. It was founded by two wealthy Connecticut men in 1881 who established it as the Redlands Colony. They named the community Redlands for the reddish iron rich soil in the area.

But it was the arrival of twin brothers Alfred and Albert Smiley in 1889 that put Redlands on the map.

The love of the arts and education continues today...with more than 2000 students attending the private University of Redlands which is celebrating its 100th anniversary this year.

This is a town that celebrates its history with a charming historic downtown area that still manages to be the center of the community...along with perfectly preserved buildings including the Smiley library and the Kimberly Crest Mansion. Its that honoring of the past that gives Redlands its heart.

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A big part of that past was also agriculture...specifically the Valencia orange...in fact the crops were so good at one time that Redlands was considered the country's only agricultural boom town.

And while Redlands reveres its past ...its also proud of its well known present day residents like pro golfer Dave Stockton, World Cup soccer player Landon Donovan and dance champion Benji Schwimmer and past residents like folk singer Joan Baez and magician Harry Blackstone Jr. Its also home to ESRI...the worlds leading satellite mapping software company which is also the city's largest employer. If you would like to experience the small town atmosphere that Redlands has to offer, make plans to check out the free summer concert series featuring everything from opera...to celtic music...to the Redlands symphony. Whatever you plan to do in this quaint city...Redlands manages to take you back to a simpler time.

A handwritten signature in black ink, reading "Lawrence P. Lewis". The signature is written in a cursive style with a large, sweeping initial "L" and a prominent arch over the "P".

SOUTHERN CALIFORNIA LIFE



SOUTHERN CALIFORNIA LIFE

DATE: 8-18-08 MONDAY SCL

TIME: 5:30 – 6:00 P.M. MONDAY THROUGH FRIDAY

TIME: 6:00 – 6:30 A.M. SATURDAY AND SUNDAY

TOPICS COVERED BUT NOT LIMITED TO:

PERTENANT ISSUES AND PROGRAMMING:

OVERVIEW:

A NEW PERSPECTIVE ON THE LOCAL NEWS...

We showcase a different city in the southland. We look for things you may not know is right next door... show you a place you might want to take a day trip and visit. Tonight, we turn the spotlight on the city of Redlands.

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Raya has been featured in several TV shows and magazines, most recently The Tyra Banks Show, Daily Candy and Star Magazine. Her celebrity clients include Madonna, Molly Sims, and Tyra Banks. Each and every client- celebrity or not- gets one on one attention at her new spa in Hollywood.

1. Eyebrows
2. Skin Care Specialist, Customized Treatments
3. Unique Treatments that are offered at Raisa

3 Questions-

1. Q: How does the perfect eyebrow improve the appearance of your face and make you look younger?

A: People look different when they have their eyebrows done. When Eyebrow sculpting is done properly it can open your face to give a youthful look and give you more definition. I assess a person's face to shape of face to create the perfect brow.

2. Q: How does Raisa Laser & Skin Care differ from other salons?

Each client meets with me for a personalized consultation to determine what treatments they should experience that would be beneficial to them. I am a licensed esthetician and registered nurse that have many years of experience and a very knowledgeable background in skin. I also focus on all natural ingredients and herbs before utilizing more chemically based products.

3. Q: What unique treatments do you offer at your salon?

A: Our salon offers what we like to call "Painless Speed Waxing". I like to make this experience as easy on people as I possibly can. Some people are scared to try waxing or simply choose not to wax because they've heard it is a very painful service to have done. We remove hair very quickly and only use high quality materials, which helps result in less pain.

Our Laser Hair Removal, Laser Skin Rejuvenation, Peels, Eyelash Tinting, Body Wraps, and Safe Eyelash Extensions are also fantastic!

Redlands is a quiet city nestled in eastern San Bernardino County but, once a year hundreds of professional bicyclists descend on the city.

The rock group Queen may have had a lighthearted take on bicycling but in Redlands it is serious business. For 23 years the city has hosted one of the top bicycle races on the west coast. The Redlands Bicycle classic attracts hundreds of national and international riders including many Olympians every March for a grueling four day competition through the city streets.

And the big names in racing do come to compete in the men's, women's and wheelchair events with more than \$40,000 in prize money at stake. Many of the riders gets the rock star treatment from those at the event. And just like the tour de france the leader after each day is awarded a yellow jersey to let the rest of the field know who is in first. Defending Champion Amber Nenen says the Redlands classic is special in part because of the community effort.

And even if your not a professional rider ...there are races for amateurs as well...if your interested in participating in next years Redlands Classic or maybe you just want to watch...you can find all the information you need at Redlands Classic dot com.

WEATHER
CALENDAR

A handwritten signature in black ink that reads "Lawrence Peluso". The signature is written in a cursive style with a large, sweeping loop at the end of the name.



SOUTHERN CALIFORNIA LIFE

DATE: 8-26-08 TUESDAY SCL

TIME: 5:30 – 6:00 P.M. MONDAY THROUGH FRIDAY
TIME: 6:00 – 6:30 A.M. SATURDAY AND SUNDAY

TOPICS COVERED BUT NOT LIMITED TO:

PERTENANT ISSUES AND PROGRAMMING:

OVERVIEW:

Good news if you're flying out of lax this Labor Day weekend. Recent studies have shown that 81% of the flights arrive and depart on time in L A X, which is one of six airports that received a score above 80%. Chicago O'Hare was reported one of the worst airports with only 65% of the flights arriving on time.

NATIONAL NEWS:

Forget about closing your laptop during a flight. American airlines have launched air cell's in-flight mobile broadband service, go-go. Now, passengers traveling on American can pay a nominal fee for

web access on select flights from New York to Los Angeles.

LOCAL NEWS:

Every week here on Southern California Life, we showcase a different city in the southland. This week, we are shining the spotlight on upland, California. Tonight, David Wyllie takes us to a special spa that is bringing state of the art treatments to the inland empire, allure images in upland:

HEALTH/BEAUTY:

From the moment you arrive at Allure Image Enhancement Medical Spa you are surrounded by elegance. Upon entering you're struck by the marble floors and walls and classic artwork...with European and Asian style designs combining to create a peaceful and relaxing atmosphere

Allure opened in 1996 and quickly began adding a wide variety of services and procedures. Allure features a staff of medical professionals... Mina is a registered nurse with a masters as a family nursing practitioner from UCLA and her husband dr. John Grasso serves as medical director while other doctors provide consultations for more extensive plastic surgery procedures. But the quicker topical treatments remain the most popular. And a new procedure similar to liposuction but less invasive has been added to the allure image menu.

And with all treatments--Allure offers plans for patients to take home with them whether it's a diet regimen to keep the weight off after receiving lip-o-sculpt or make up and skin care products for those who've had laser or Botox treatments. They even have a salon on the premises where patients can be pampered by getting their hair and nails done. It truly is a modern one stop beauty shop.

NATIONAL NEWS:

While some students spent their vacations lounging by the pool, a group of interns spent their time creating cars. The students were asked to design a hydrogen-powered car for the year 2020. While these cars are not expected to make it to production, gm reports these students showed real potential and will probably be designing future vehicles.

Imagine having the chance to design the car of the future for a major U-S automaker--- while you're still in college. That's the concept behind the General Motors Annual Design Internship program. Twenty-one interns were chosen from some of the most prestigious design schools— from those as close as Detroit to as far away as China. They were then given 14 weeks to design and engineer a hydrogen-powered Chevrolet for the year 2020.

Brian Nesbitt, VP, General Motors Design, North America:

“It's a great experience for them – it should be – makes them more marketable in the end. And it's also a good tool for us to recruit; we can assess and look at who has the most potential in the future.”

Aside from being gas-free, the concept cars had to meet the needs of drivers in the emerging markets of China, India, and Russia.

Each team of interns had a designer, an engineer, a sculptor, and a trim and color artist. GM then provided mentors and the tools to get the job done. Together, they came up with six, futuristic concept cars.

SPORTS:

Three members of the I-a sparks women's basketball team have returned from the Olympics. Lisa Leslie Delisha Milton Jones and

Candace parker will suit up and play for the area's biggest Professional sports franchise for women. The trio beat Australia last week at Beijing.

NASCAR right around the corner... We take you inside the race car at the Richard petty driving experience in Fontana...

Celebrity B-days

ENTERTAINMENT:

With the reality craze on TV we see a growing number of documentaries hitting the big screen doing almost the same as those shows do on the small screen. American teen gives us a unique look to the lives of teenagers in the Midwest; it follows the lives of five teenagers--a jock, the heartthrob, he popular girl, the artsy girl and the geek--in one small town in Indiana through their senior year of high school. Ron Jacobson got to talk to the five as they are visiting Hollywood.

SPORTS:

Our crew here at southern California life spent an exciting day at the California speedway to experience the Richard petty driving school.

WEATHER MAPS

CALENDAR

A handwritten signature in black ink that reads "Lawrence Bender". The signature is written in a cursive, flowing style with a large, sweeping flourish at the end.



SOUTHERN CALIFORNIA LIFE

DATE: 8 27, 2008

TIME: 5:30 – 6:00 P.M. MONDAY THROUGH FRIDAY

TIME: 6:00 – 6:30 A.M. SATURDAY AND SUNDAY

TOPICS COVERED BUT NOT LIMITED TO:

PERTENANT ISSUES AND PROGRAMMING:

OVERVIEW:

A new perspective on the local news...

LOCAL NEWS:

Every week on Southern California life, we showcase a different city in the southland. Tonight, we take you back to the historical town of upland, California, where you'll find one of the most acclaimed small breweries. David Wyllie takes us to dale brother's brewery in upland: Tucked away in an industrial park in west Upland is an award winning craft brewery that you may be seeing more of at Southern California restaurants and taverns. Dale Brothers brewery was started about eight years ago when Curt Dale found out he was losing his job.

And what a successful step it has been with the Dale Bros lagers claiming seven gold medals at the LA County Fair and building a reputation of a quality product among beer connoisseurs. Part of what makes Dale Bros special is the hands on craftsmanship and attention to detail. It's a seven teen day process that is personally made by Curt Dale starting with a simple mixture of hot water and grain. With names like Pomona Queen, Pacific Daylight and California Black Beer---the Dale Brothers strive to make their product as fresh and uniquely regional as the can...in fact their slogan is Fresh Beer from Nearby. And while you may now find Dale Bros beers in Wichita...a growing number of Southland retailers and restaurants are carrying the Upland made brew making is easier for the southern California consumer to find it.

HEALTH:

Six million children suffer from asthma and if your child is one of them, make sure their teacher is aware. Asthma emergency room rates spike in September, when the majority of kids head back to school. Less than one-third of parents surveyed talk to school administrators about their child's asthma. Only 42 percent make sure the proper medication is available at school. One interesting fact, Dutch research shows that pregnant women who eat nuts or peanut butter every day, up their baby's odds of developing asthma by nearly 50 percent.

NATIONAL NEWS:

More than five million Americans who are eligible to receive the economic stimulus payment have not yet filed federal taxes. Although it is not too late to file, time is running out. Taxpayers must submit before October 15, in order to receive stimulus payments.

NEWS/FASHION:

Ever wonder how certain types of jeans can pinpoint an era? Levi Strauss during the gold rush... 50's rolled up jeans... 70's bell bottom jeans and of course the 80's stone washed jeans. But today... There's a new league of jeans called premium denim. Heather Dawson shows us why many are willing to pay top dollar for this latest craze:

Today's blue jeans have evolved into premium denim. And the difference is more than just the price tag. Lysa Sellers is the owner of Peyton Grey in Claremont. She's constantly educating her customers on why there's a premium on designer jeans.

Coming up... did you spend too much time in the sun as a teenager? Do you have sun damage and wrinkles you would like to get rid of? Well, before I went on maternity leave, I interviewed an expert from allure images in upland about the benefits of Fraxel Lasers. Plus... Ron Jacobson takes us to the première of the latest x-files movie... Don't go away we'll be right back.

It's Nascar time again here in the southland this labor day weekend... Jim Murray has more in his sports report after the break. Plus Ron catches up with the stars from the hit TV show the x-files... next.

Were the x-files fans ready for a continuation of their favorite sci-fi show? Was it a smart choice of the producers to go away from the hardcore alien's conspiracy plot of the x-files and make it into just another thriller? Well... The box office returns didn't really add up.

With only \$10.2 million dollars at the box office it seems the fans either didn't find the movie or did not want to find it... Ron Jacobson was at the glamorous Hollywood premiere to find out why everyone felt they had to go back to do another movie in the franchise.

Weather

Calendar

A handwritten signature in cursive script, reading "Lawrence Sanders". The signature is written in black ink and is positioned in the upper left quadrant of the page.



SOUTHERN CALIFORNIA LIFE

DATE: 8-28-2008

TIME: 5:30 – 6:00 P.M. MONDAY THROUGH FRIDAY

TIME: 6:00 – 6:30 A.M. SATURDAY AND SUNDAY

TOPICS COVERED BUT NOT LIMITED TO:

PERTENANT ISSUES AND PROGRAMMING:

OVERVIEW

A NEW PERSPECTIVE ON THE LOCAL NEWS...

8-28-08 THURSDAY SCL

As we continue our look at the cities that make up Southern California, David Wylie takes us to the Inland Empire community of Upland.

Upland Overview

Nestled against the San Gabriel mountains in the shadow of Mount Baldy is the quiet city of Upland. Covering 15 square miles in western San Bernardino County, it was known as North Ontario.

By the time the city was incorporated in 1906 it had changed its name to Upland. Originally established by brothers George and

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William Chaffey, Upland was once a center for agriculture with the area teeming with citrus and grape crops...in the early days most of the population worked either in the production or packing of lemons and oranges. Over the years the orchards have disappeared but the early charm has not disappeared with the Upland adopting the nickname of the city of gracious living.

And the years of gracious living is evident in the dozens of historic homes that line Euclid Avenue and the surrounding neighborhoods...many of the homes dating back to the turn of the 20th century. Euclid Avenue itself also has a colorful history.

A local landmark the Madonna of the trail statue --one of 12 identical monuments dedicated nationwide in 1920's honoring the spirit of the pioneer women can be found at the intersection of Euclid Avenue and Foothill blvd.

Today more than 70,000 people call Upland home and it continues to be a unique mixture of old and new...the historic downtown area has been part of the community for 100 years and still attracts locals and out of towners alike. That down town area still features a traditional band stand and round about along with shops and restaurants But Upland is also committed to being a city with modern conveniences as well.

Upland is also home to Cable airport which was first established back in 1945 and stakes the claim to being which the largest privately owned airport in the world.

Grab another cup of coffee or another soda. New research suggests that drinking caffeine may help protect thinking and memory skills in older women. Studies showed that older women who drank 3 or more caffeinated cups of coffee a day had slower

cognitive decline than women who only had one caffeinated beverage.

Men and women in relationships tend to respond differently to temptation says a new study. More than seven-hundred men and women participated in a study conducted by psychologists at McGill University, which found that men who flirted with single, attractive women tended to view their partners unfavorably, while women who flirted with single men were more likely to want to improve their relationship with their partner.

HEALTH

Nick may not like it, but that shot, that took only seconds to give, will protect him from tetanus for up to ten years. It's just one of the 'booster' shots recommended by the centers for disease control.

Gary L. Freed, M.D. comments:

"The first set of booster vaccines actually occurs when children are four years of age."

At four, there are boosters for measles, mumps and rubella, polio, tetanus, diphtheria and pertussis. Then another tetanus and pertussis booster at age 11 or 12.

Gary L. Freed, M.D. comments:

"Pertussis or whooping cough is actually getting to be more and more common in adolescence and older children."

The vaccine boosts confidence for many parents of growing children.

Lori Weber comments:

"Unfortunately, there are so many things going around. They can still catch so many things you really need to protect them still."

Nick's also receiving the new vaccine for bacterial meningitis, an infection that causes inflammation in the brain and spinal cord.

Gary L. Freed, M.D. comments:

"And can ultimately cause either the loss of limbs and subsequently death."

Safety

The dangers of using cell phones and not wearing a seat belt were the main focus of the four winning entries in the Bridgestone Safety Scholars Video Contest. As part of the contest, students were asked to create PSAs on the dangers of reckless driving.

SPORTS

Nascar is back in the southland this labor day weekend. Jim Murray caught up with one of the leading bush teams...

TONIGHT'S CELEBRITY BIRTHDAY

ENTERTAINMENT NEWS

Brendan Fraser has come a long way since his big screen debut in Encino Man back in 1992. Today he successfully manages to open huge blockbusters like Journey to the Centre of the Earth and the upcoming The Mummy: The Tomb of the Dragon Emperor with small indie movies like The Air I Breathe or the Oscar winning, Crash. In a one-on-one with our Ron Jacobson he discusses working on the wide variety of movies as well as fulfilling his biggest duty in life. being a dad...

He went from flipping burgers to Mcdonald's ceo... now Ed Rensi is the owner of a Nascar team.

WEATHER

CALENDAR

Shirley P. P. P.



SOUTHERN CALIFORNIA LIFE

DATE: 8-29-2008

TIME: 5:30 – 6:00 P.M. MONDAY THROUGH FRIDAY

TIME: 6:00 – 6:30 A.M. SATURDAY AND SUNDAY

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WEATHER

CALENDAR

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